

# Top Tips for Engaging your Team

Dr Richard Bills

Brooke Street Medical Centre

Woodend VIC

# Why teams? Why bother?

Dr Richard Bills

Brooke Street Medical Centre

Woodend VIC



# What's this presentation really about?

- You are taking your practices through **change management**.....
- Health professionals are generally **very conservative people**
- Change requires **engagement, shared goals and trust**.....

# What are the benefits of teams?

- Shared ownership
- Building trust
- Engaging team members in setting and striving to reach your goals

# Is there any evidence to support this?

## REDUCED COSTS

- Reduces project completion time
- Helps execute strategy
- Minimises response time
- Decreases interpersonal conflict
- Identifies non-performance

## IMPROVED PRODUCTIVITY

- Creates environment for innovation
- Increases employee dedication
- Improves consistency of service
- Simplifies decision-making

## ENHANCED BRAND

- Heightens public perceptions
- Clarifies communications
- Aids recruitment and retention
- Simplifies succession planning
- Creates legacy

# Differences between a Group and a Team<sup>1</sup>

<b>Group</b>	<b>Team</b>
Strong, clearly focused leader	Shared Leadership Roles
Individual accountability	Individual and mutual accountability
Individual work products	Collective Work Products
Leader runs efficient meetings that report progress	Leader encourages open-ended discussion and active problem-solving meetings
Discusses, decides and delegates	Does real work together

<sup>1</sup> Adapted from "The Discipline of Teams" by J.R. Katzenbach and D.K. Smith. Published in Harvard Business Review, March-April 1993, pp.111-120

# So how to create and nurture your team

- Communicate your goals
- Listen to their response[s]
- Adapt your proposal (whilst not torpedoing your key goals)



# Culture & Values

- Key features of successful teams are:
- Consistent “culture” - ie the beliefs that are inherent in the organisation
- Consistent values that underpin that culture
- **In other words:**
  - **Don't ask others to do things you wouldn't do**
  - **Be 'true' to yourself and your practice**

# Enough evidence, what does this mean to me and my 'team'

- Get together
- Discuss what you want to achieve, why this is important and how you plan to do it
- Discuss how you are going to 'sell' this to the rest of the practice

# Successful Teams

1. Successful teams have a clear, common purpose:
  - Team members know why the team exists
  - They support the purpose

# Use a range of tools....

- Different forms of communication
  - F2F
  - Email
  - Posters , pictures, notes, etc
- Humour
- Carrots and sticks
- (naming and shaming?)

# Engaging the Practice Team

“We all support improvement,  
...its change we don't like!”

It's not always easy , or quick ....



# TIP : 'Nourishing' your team

- **Team building** – dedicated time; off site?
- **Celebrating** 'wins' along the way
- **Incentivisation** – just the carrots (not the sticks)
- **'publicity'** – get a trumpet and blow it from time to time

# Successful Teams

2. Successful teams have clearly understood, effective norms

- A team culture
- What is acceptable, what is not acceptable
- Norms that help the team reach its goals



# Successful Teams

## 3. Teams go through stages

- Forming
- Storming
- Norming
- Performing
- Adjourning

# Successful Teams

4. Successful teams make use of the strengths of the team members
  - Identify strengths
  - Match strengths to tasks

# Successful Teams

## 5. Successful teams have clarity about roles

- The leader
  - Starters
  - Finishers
  - Experts
  - Social
- 
- Roles can change - flexibility

# Teamwork?... Role Clarity?



## TIP : Assign Roles and Responsibilities

- Identify tasks needed to carry out shared goals
- Assign tasks to people who have adequate time, resources and skills to complete
- Form micro-teams to focus on larger tasks
- Make sure everyone is aware of their tasks and how they affect others



# Successful Teams

## 6. Successful teams communicate well

- Listen to each other
- Show interest
- Clarify what is being said

# TIP : Effective Communication

- Communicate early and often - to reduce uncertainty
- Seek first to understand, then to be understood
- Make it a two-way process, open and truthful
- Result of a communication is the response you get - it may not be what you intended!
- Remember, we are always communicating, even when we think we are not!



# Successful Teams

## 7. Successful teams deal with conflict

- Raise the issues
- Listen to viewpoints
- Agree on the team response

# Successful Teams

## 8. Successful teams evaluate themselves

- How are we going?
- How could we work better?
- How are we working as a team?

# Acknowledgements

This program is funded by the  
Australian Government  
Department of Health



**Australian Government**

**Department of Health**