

New APCC Diabetes Prevention and Management Wave. Recruiting Now.



Improve care for your patients with, or at risk of, diabetes.

What is the Diabetes Prevention and Management Wave?

Delivered by the Improvement Foundation (IF), this Australian Primary Care Collaboratives (APCC) Program Wave provides general practices and other health services an opportunity to achieve improved patient care for those living with, or at risk of, diabetes.

Engagement in this Wave commences in November 2012 and consists of three national (face-to-face) Learning Workshops and four virtual Learning Workshops. The Learning Workshops provide an opportunity to learn from leading experts and from peers. Between workshops are 'activity periods' whereby participants take what they've learned and adapt and test improvements locally.

Participating practices and health services will receive hands-on support, and resources through the Medicare Local and IF.

This Wave of the APCC Program focuses on two topic areas:

- Diabetes Prevention
- Diabetes Management

What are the benefits for my general practice or health service?

Improving the way you work

The APCC Program will provide you with a framework to build a stronger team and enhance your systems and efficiency.

You'll learn the skills and get support to:

- Identify goals and work towards them in a systematic way
- Change service delivery and improve your systems to make chronic disease prevention and management more efficient and more satisfying
- Optimise roles and responsibilities to build a stronger team
- Develop business systems to identify and maximise potential income streams

Sharing ideas with other health services

At APCC workshops you'll:

- Pick up tips and practical ideas through networking with peers
- Stimulate innovation and learn about practical quality improvement skills
- Hear about what has worked, and what hasn't, in other practices and health services.

Improving patient care

By working with the APCC Program, practices and health services can make measurable improvements in patient care:

- Incorporating diabetes prevention work into a busy practice or health service
- Improving health outcomes for patients with or at risk of diabetes
- Integration of the Personally Controlled Electronic Health Record as a tool to support patient self-management and coordinated care
- Move from reactive to proactive patient care

Measuring for improvement

Through IF's secure online web portal, participating practices and health services will be able to:

- Benchmark your practice or health service
- Use feedback graphs to identify areas for improvement
- Track the results of your improvement work using feedback graphs

The ability to measure change and improvement is at the heart of the APCC Program's methodology. Participating practices submit data against Program measures each month; your patient data is aggregated at the practice or health service level to protect your patients' privacy and then submitted IF's secure web portal.

Professional Development Points for GPs, practice and health service staff

IF expects there will be 120 category one points under the RACGP QI&CPD Program available to GPs (40 per face-to-face Learning Workshop). Additional information on professional development points for other providers is available:

http://apcc.org.au/getting_involved_for_practices/

Alignment with 4th Edition Accreditation Standards for General Practice

This Wave aligns with the 4th edition accreditation standards for general practice, in particular the quality improvement component:

- Demonstrating aspects of the practice that have improved
- Use of patient/practice data for quality improvement

What is required of participating practices and health services?

Your practice or health service will commit to meeting some minimum requirements:

- A GP and another staff member will attend and actively participate in all Learning Workshops
- Set aside regular dedicated time to work in both diabetes management and diabetes prevention topic areas during activity periods
- Apply the Model for Improvement tool and submit monthly PDSA (Plan, Do, Study, Act) cycles in each topic
- Collect and submit monthly data to measure for improvement

How is this Wave delivered?

This Wave will be delivered via three one-day national (face-to-face) workshops interspersed with four 50 minute virtual workshops. Virtual workshops are delivered via the internet and attendees will log in from their computer.

Learning Workshops (LW) will be held on the following dates:

- LW1 - Saturday 8 December 2012
- LW2 - (virtual) week beginning 18 February 2013
- LW3 - (virtual) week beginning 29 April 2013
- LW4 - Saturday 20 July 2013
- LW5 - (virtual) week beginning 16 September 2013
- LW6 - (virtual) week beginning 18 November 2013
- LW7 - Saturday 22 February 2014

Take a minute to consider how you are managing your patients with diabetes:

- How do you ensure your patients with, or at risk of, diabetes aren't falling through the gaps?
- How many patients with diabetes do you have, and who are they?

- Are your patients with diabetes being treated proactively?
- Are your patients with diabetes being treated in accordance with best practice guidelines?
- Would you like to treat your patients with diabetes more effectively?
- Would you like to prevent your 'at risk' patients from developing diabetes?

Through your involvement in this Wave, you will receive the knowledge, framework, and support to incorporate systematic diabetes prevention and management into a busy practice environment.

Practice and health service payments

IF will fund a practice or health service \$2000 (GST exclusive) to support participation in this wave. IF will also fund travel and accommodation costs for all agreed participants, to attend face-to-face Learning Workshops.

How do I participate in the Diabetes Prevention and Management Wave?

Register your interest by completing an online profile at <http://www.apcc.org.au/forms/practiceprofile1/>. If you'd like a hard copy profile, contact IF at apcc@improve.org.au and we'll send you one.

What if I want more info?

Contact IF, or visit the APCC Program website at: www.apcc.org.au

If you want to contact the Improvement Foundation

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