

# The Model for Improvement Guide



The Model for Improvement is a tool for developing, testing and implementing change.

The Model consists of two parts that are of equal importance:

1. The 'thinking part' consists of Three Fundamental Questions that are essential for guiding your improvement work.
2. The 'doing'/'testing' part is made up of Plan, Do, Study, Act (PDSA) cycles that will help you test and implement change.

This Guide will take you through the following steps:

Step 1	The 3 Fundamental Questions
Step 2	PDSA cycle

## Step 1 The 3 Fundamental Questions

### 1. What are we trying to accomplish?

By answering this question you will develop your GOAL for improvement

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### 2. How will we know that a change is an improvement?

By answering this question you will develop MEASURES to track the achievement of your goal

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### 3. What changes can we make that will lead to an improvement? – list your small steps / ideas

By answering this question you will develop the IDEAS that you can test to achieve your goal

Idea \_\_\_\_\_

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Idea \_\_\_\_\_

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Idea \_\_\_\_\_

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Other ideas \_\_\_\_\_

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## Step 2 Plan-Do-Study-Act cycle

You will have noted your IDEAS for testing when you answered the 3rd Fundamental Question in Step 1.  
You will use this sheet to test an idea.

Idea	Describe the idea you are testing: refer to the 3rd Fundamental Question
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PDSA cycle number \_\_\_\_\_

Plan	What exactly will you do? Include what, who, when, where, predictions & data to be collected.
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Do	Was the plan executed? Document any unexpected events or problems.
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Study	Record, analyse and reflect on the results.
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Act	What will you take forward from this cycle? (What is your next step / PDSA cycle?)
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Repeat Step 2 for other ideas

# PDSA Cycle Planning Sheet

Team Name: \_\_\_\_\_ Facility: \_\_\_\_\_

Change Principle: \_\_\_\_\_

- Describe the idea you are testing: refer to the 3rd Fundamental Question 'What changes can we make that will result in an improvement?'

- **What** exactly will you do?

- **Who** will carry out the plan?

- **When** will it take place?

- **Where?** Practice  Other  (Please Specify) \_\_\_\_\_

- **What** do you predict will happen?

- **What** data/information will you collect to know whether there is an improvement?